

## **Role of Liv.52 in psychiatric illness**

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It has been my experience, while working in the Psychiatry Department of a large Industrial Hospital dealing with 50-60 cases a day, that Liv.52 may have a role to play in Psychiatric illness. Minimal liver dysfunction is a clinical entity characterised by irritability, depression, anorexia, weight loss etc. There are few biochemical tests, to my knowledge, which can indicate it.

In my department, patients presenting with anxiety, depression, irritability or antisocial behaviour were all given Liv.52 syrup to supplement the conventional psychotropic drugs which they had already been taking for some time before my arrival. I found that in about 50% of patients, the addition of Liv.52 so improved their mental state, that it was possible for me to discontinue their psychotropic drugs. Further, they remained well for some time on Liv.52 alone. I chose the syrup because it worked better than the tablets.

It is well known that one of the sequelae of hepatitis and other liver affecting viral diseases e.g. Mononucleosis are followed by prolonged depression or irritability. This was my rationale for using Liv.52 – as I suspect minimal liver dysfunction is a widespread entity, both here and in the west.

Paradoxically, some psychotropic drugs e.g. Chlorpromazine are hepatotoxic. This again necessitates the use of Liv.52, as an adjuvant to counter the hepatotoxicity.